

# La psicanalisi di un chatbot

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# Dato sanitario GDPR

Definizione di dato sanitario **art.4 n.15 GDPR** "dati relativi alla salute": i dati personali attinenti alla salute fisica o mentale di una persona fisica, compresa la prestazione di servizi di assistenza sanitaria, che rivelano informazioni relative al suo stato di salute;  
*<https://eur-lex.europa.eu>*

"Affordable, on-demand, and quality **mental healthcare** for everyone using a psychological artificial intelligence chatbot."  
*<https://www.x2ai.com>*

# X2AI Security

- ▶ HIPAA - Health Insurance Portability and Accountability Act
- ▶ SSL Qualys Rating A+
- ▶ Accesso tramite TOR

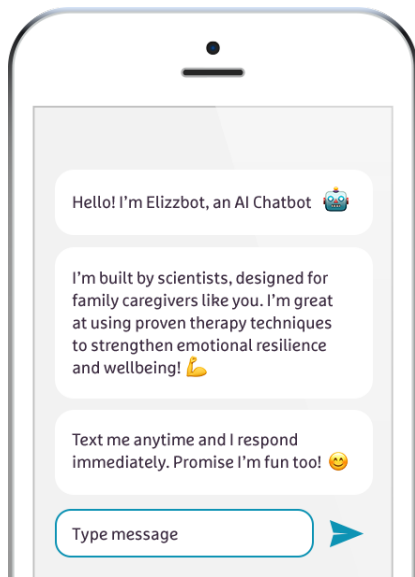
# How Tess Works

Built by clinical psychologists, Tess is a **Mental Health Chatbot** that coaches people through tough times to build resilience, by having text message conversations ? similar to talking to a friend or coach.

# Saint Elizabeth Health Care

Elizz offers support for **family caregivers** to fit their unique caregiving situation, and home care services provided by SE Health. Whether you or the person you care for needs home care or virtual support, we've got you covered with the latest and most innovative solutions. Elizz is your one-stop solution for all things caregiving. <https://elizz.com/>

# Elizz Bot



# PocketConfidant

PocketConfidant is the first confidant technology to make personal growth, reflection, learning and change, available to everyone, anywhere and at any time. PocketConfidant asks the right questions at the right time, maintaining neutrality and objectivity by not offering advice or providing recommendations.

PocketConfidant is built on research from the fields of **Positive Psychology**, Narrative Psychology, Neuroscience, Learning and Linguistics. <https://pocketconfidant.com/about/>



# PocketConfidant Bot



# PocketConfidant Security

- ▶ IEEE Computer Society Center for Secure Design
- ▶ General Data Protection Regulation of the European Union (GDPR)
- ▶ IEEE Cybersecurity Initiative (CYBSI)

## 2020 l'anno dei chatbot

"By **2020**, the average person will have more conversations a day with bots than they do with their spouse"

L. HEATHER PEMBERTON — GARTNER